



Mental Health Internship

This internship is an MFT and MSW intern training placement with an emphasis on Social Justice, Infant and Early Childhood Mental Health and Trauma Informed Care.

Though interns will receive comprehensive training on Infant and Early Childhood Mental Health, they will be able to have a diverse experience with a variety of clients and opportunities. Interns will provide individual, dyadic, family, couples, and group therapy, utilizing trauma informed interventions. Through therapeutic services, interns will work with children and families to improve attachment, executive functioning, and social-emotional competency. Interns will utilize the Adverse Childhood Experiences (ACEs) screening tool to identify opportunities for resiliency development.

Required Hours: Interns participating in the program will be required to commit 20 hours per week for the duration of the nine-month to one-year (12-month) internship, beginning in September or January of each year. Some services will require evening and weekend work.

Location: Services are provided primarily in-home, however some services may be provided at our Early Education site, Administrative site, or at other community locations.

Transportation: Interns will be required to have personal transportation, valid California driver's license, current insurance and registration.

Reimbursements: Interns will be reimbursed for mileage and a portion of their cell phone bill. *Bilingual Spanish intern are eligible for a stipend.*

Supervision: Interns will receive weekly reflective group and individual supervision provided by a licensed clinician.

Training: Interns participating in the program will receive ongoing training in general clinical topics and also topics related to Infant and Early Childhood Mental Health, including:

- Infant and Early Childhood Mental Health
- Providing Trauma-Informed Care
- Nurturing Parenting Program
- Adverse Childhood Experiences (ACEs) Screening
- Effects of Toxic Stress
- Child Development
- Executive Functioning
- Resiliency
- Dyadic Therapy
- Individual, Family, and Group Therapy
- Ages and Stages Questionnaires
- Mandated Reporting
- Mindfulness
- Safety and Crisis Response for Community Based Clinicians



WCC Programs:

Early Education:

- Each intern will be given the opportunity to participate and provide services at least one hour a week in the preschool setting through WCC's Early Education and Child Welfare programs. Behavior and Development Observations
- Teacher and Provider Infant and Early Childhood Mental Health Consultation Services
- One-on-one Classroom Assistance
- Dyadic parent child therapy with infants (ages 0-3) and toddlers (ages 3-5)
- Psychotherapeutic Groups
- Ages and Stages Developmental and Social-Emotional Screenings(Prevention of Out-of-Home Placement)

Family Preservation:

- Teaching and Demonstration
- In-Home Outreach Counseling
- Individual and Family Therapy(Prevention of Child Maltreatment)

Prevention and Aftercare:

- Group Therapy
- Psycho-educational Groups
- Individual and Family Therapy
- Social Connections Events

Resource Family Approval:

- Birthparent Monitored Visitation
- Foster Parent Support Group
- In-Home Visitation

Application Process Timeline:

Internship Placement Begins: September or January of each year

- Instructions for applying can be found in the link for the application each year.
- For more information, please contact Michelle Schafer, Community Wellness Director, at mschafer@alliesforeverychild.org or (310) 846-4100 ext. 6125.