

# Allies for Every Child Mental Health Internship



Allies exists to serve children who have experienced one or more of the following: poverty, trauma, family homelessness, child welfare involvement, foster care, or have disabilities or mental health challenges. We do this through our Early Childhood Education, Family Preservation, Resource Family Approval, and Infant and Early Childhood Mental Health programming.

**About our Internship:** Allies for Every Child offers an MFT and MSW intern training placement with an emphasis on Social Justice, Infant and Early Childhood Mental Health, and Trauma Informed Care. We believe in providing a nurturing, inclusive, and comprehensive experience to help interns gain a strong clinical foundation for their future career.

Interns will have opportunities to support families through individual, dyadic (caregiver & child age 0-5), and family therapy, utilizing trauma informed interventions. The Allies approach supports young children by supporting the family system. As a result, intern caseloads will include adults and children 6-12. Services are provided primarily at the clients' homes, however some services may occur in-office or in the community. Interns will receive both reflective group and individual supervision provided by a licensed clinician every week, and will be required to be in the office for a 3-hour block of time each week (TBD) for training and group supervision.

Interns participating in the program will receive weekly training in general clinical topics and topics related to Infant and Early Childhood Mental Health. Some highlights:

- Infant and Early Childhood Mental Health Assessment & Intervention
- Providing Trauma-Informed Care
- Adverse Childhood Experiences (ACEs)
- Writing Strong Clinical Documentation
- Mindfulness
- Child Development
- Play therapy
- Multi-disciplinary collaboration (Early education, DCFS, Early Intervention, etc.)
- Working with under-served and systems-involved families
- Dyadic Therapy
- Perinatal mental health

## Internship Requirements:

- Personal transportation, Valid CA Driver's license, and current car insurance and registration
- Background check (completed at time of onboarding)
- Enrollment in an MSW or MFT graduate program
- 20 hour/week commitment to the internship for the 9-12 month placement (timeline may vary depending on your school program requirements).
- Some services require evening and weekend hours

Our program also offers mileage reimbursement, partial reimbursement of cell phone bill, and we offer a stipend for bilingual (English/Spanish) interns.

Internship Placement Begins September of each year. For more information, please contact Adriana Cuestas, Dir. Early Childhood Mental Health Clinical Services at [acuestas@alliesforeverychild.org](mailto:acuestas@alliesforeverychild.org)



[Click here to learn more about how to apply.](#)