



Allies For Every Child

Mental Health Internship

This internship is an MFT and MSW intern training placement with an emphasis on Social Justice, Infant and Early Childhood Mental Health and Trauma Informed Care.

Though interns will receive comprehensive training on Infant and Early Childhood Mental Health, they will be able to have a diverse experience with a variety of clients and opportunities. Interns will provide individual, dyadic, family, and couples therapy, utilizing trauma informed interventions. Through therapeutic services, interns will work with families to improve attachment, executive functioning, and social-emotional competency.

Required Hours: Depending on the discipline, interns participating in the program will be required to commit 20 hours per week for the duration of the nine-month to one-year (12-month) internship, beginning in September or January of each year. Some services will require evening and weekend work.

Location: Services are provided primarily in-home, however some services may be provided at our Early Education site, Administrative site, or at other community locations.

Transportation: Interns will be required to have personal transportation, valid California driver's license, current insurance and registration.

Reimbursements: Interns will be reimbursed for mileage and a portion of their cell phone bill. *Bilingual Spanish intern are eligible for a stipend.*

Supervision: Interns will receive weekly reflective group and individual supervision provided by a licensed clinician.

Training: Interns participating in the program will receive ongoing training in general clinical topics and also topics related to Infant and Early Childhood Mental Health, including:

- Infant and Early Childhood Mental Health
- Providing Trauma-Informed Care
- Nurturing Parenting Program

- Adverse Childhood Experiences (ACEs) Screening
- Effects of Toxic Stress
- Child Development
- Resiliency
- Dyadic Therapy
- Ages and Stages Questionnaires
- Mandated Reporting
- Safety and Crisis Response for Community Based Clinicians
- And more!

Allies Programs:

Early Education (preschool programs, home education, childcare provider support):

- Each intern will be given the opportunity to provide early childhood mental health consultation services at least one hour a week in the preschool setting through Allies's Early Education program
- Social-Emotional Classroom Assistance
- Dyadic parent child therapy with infants (ages 0-3) and toddlers (ages 3-5)
- Psychotherapeutic Groups
- Ages and Stages Developmental and Social-Emotional Screenings(Prevention of Out-of-Home Placement)

Child Welfare Programs (Family Preservation, Prevention and Aftercare, Resource Family Approval)

- Mental Health services for families involved with DCFS or at risk
- Community outreach and engagement to promote mental health
- Psycho-educational Groups
- Social Connections Events

Application Process Timeline:

Internship Placement Begins: September or January of each year

- Instructions for applying can be found in the link for the Application on our website www.alliesforeverychild.org
- For more information, please contact Michelle Schafer, Community Wellness Director at mschafer@alliesforeverychild.org .